



# STOP! “Bullet Climbing”

Bullet Climbing, or dangan tozan, means to climb throughout the night without taking sufficient rest on the previous day. It is quite dangerous.



Please allow yourself plenty of time, and enjoy a safe climb.



## Altitude sickness

Because the altitude is high, there is the possibility of altitude sickness. Climbers who have not properly slept are more prone to injuries and illnesses.

- ✓ Sleep/take rest at mountain huts
- ✓ Moderate climbing plan



*(Dangan)*



## Hypothermia

Temperatures at the summit may drop to below freezing point even in summer. Bullet climbing increases the risk of hypothermia.

- ✓ Take sufficient rest
- ✓ Prepare protection against cold



## Crowded path

Around the summit may be incredibly crowded with bullet climbers. It may run the risk of an accident.



- ✓ Adjust time by staying at mountain huts
- ✓ Take part in a guided tour



## Risk of fall/ Falling rocks

Due to darkness, climbers are more likely to fall, or cause rocks to fall. It may run the risk of an accident.



- ✓ Keep concentration
- ✓ Climbing at your own level
- ✓ Wear a helmet